Spectrum Health & Human Services

The Staff Development Team
Proudly Presents:

The Fall 2020 Training Flyer

How to register for a training:

Step 1• Log in to your Relias Account
Step 2• Click on "Assignments" on the left-hand side of Relias homepage
Step 3• Click on green button that says "+ Browse Elective Courses"
Step 4• In search bar, type name of training you would like to enroll in (you can also narrow down results by filtering module type as "live event")
• Click the magnifying glass to search
• When the desired training appears, click the green button that says "Enroll"

You will receive a confirmation email from Relias to confirm your enrollment.

If you are still experiencing problems, please reach out to:
Jamie Davis, DAVISJ@shswny.org

Fall 2020

Trauma Informed Care & Covid-19

Dates/Times: August 21st 9:00a-11:00a , Remote Via ZOOM
Description: This is a 2 hour virtual classroom training that will present topic material on how to utilize the 5 Principles of Trauma Informed Care in the virtual setting.
CEUs: 2.0 (LMSW/LCSW, LMHC, CASAC)
Trainers: Ariel Costanzo LCSW, CASAC & Francine Rondenell, MHA

Wellness & COVID-19

Dates/Times: September 17th 9:00a-11:00a, Remote Via ZOOM
Description: This is a 2 hour virtual classroom training that will present topic material on how to incorporate the components of client wellness in the virtual setting. All client populations and programs apply to the topic material.
CEUs: 2.0 (LMSW/LCSW, LMHC, CASAC)
Trainers: Francine Rondenell, MHA & Ariel Costanzo LCSW, CASAC

Build Your Peace Meditation Training

Dates/Times: September 28th 1:00p-4:00p, Remote Via ZOOM
Description: This is a 3 hour virtual classroom training that will present on how to use meditation with clients and understand the basic science behind the effects of meditation on the mind/body. All client populations and programs apply to the topic material.
CEUs: 3.0 (LMSW/LCSW, LMHC, CASAC)
Trainers: Wendy Lane, LMSW, LMT, Reiki Master and PMG

PTSD: In A Pandemic

Dates/Times: October 16th 10:00a-12:00p, Remote Via ZOOM
Description: This is a 2 hour virtual training that will open up discussion on the latest statistics & provide ideas for encouraging coping skills with clients.
CEUs: 2.0 (LMSW/LCSW, LMHC, CASAC)
Trainers: Stephanie Cellino, LMHC & Francine Rondenell, MHA

Grief and Loss During a Pandemic

Dates/Times: October 30th 10:00a-12:00p, Remote Via ZOOM
Description: This training has a strong focus on grief and loss as it relates to our current crisis, the Covid-19 pandemic. This training is appropriate for staff interested in enhancing their knowledge on the signs & behaviors of grief during the pandemic & for those staff members who are experiencing grief and loss themselves.
CEUs: 2.0 (LMSW/LCSW, LMHC, CASAC)
Trainers: Stephanie Cellino, LMHC & Francine Rondenell, MHA

Please check Relias for any further trainings related to Covid-19 or for other specialty trainings.

We are looking forward to "Zooming" with you!
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