

*Summer 2022*

# Virtual Trainings



## How to register for a training:

### Step 1:

Go to [shswny.org](https://shswny.org). Click “Training Portal” on the top tool bar in the upper right hand corner.

### Step 2:

After scrolling towards the bottom, you will see a section labeled “Training Courses”. Please browse the trainings and click on the training title you would like to register for. All trainings are facilitated through Zoom at this time.

### Step 3:

On the training page, you will see the training description outlined. To register, please complete the prompts to enroll and purchase a seat for the training.

### Step 4:

Once registration is complete, you will receive an email with your confirmation number. Within 24 hours of the start date, you will receive an email from the facilitator of the training with the Zoom link and any training materials needed.

## Still experiencing problems?

Please reach out to our training team

 [shstraining@shswny.org](mailto:shstraining@shswny.org)



Spectrum Education and  
Training Institute



[spectrum\\_training\\_institute](https://www.instagram.com/spectrum_training_institute)

Please note: These trainings are being offered for a limited time each year. Sign up before they change next season!

## Working With Older Adults

 6.1.22

 9:00am-12:30pm

With the growing mental health needs of adults over 60, understanding how to connect and work with this population is crucial to providing effective care. This training will review the developmental stage of older adulthood, their unique needs and advocacy efforts for this population. Participants will leave feeling confident to work with these clients.

Video and Microphone are required.

**CEUs:** 3.0 (LMSW/LCSW, LMHC, CASAC)

**Trainer:** Jaymee Caplan, LMHC

**Cost:** \$55.00

## Solution Focused Brief Therapy

 6.17.22

 9:00am-4:30pm

This is an interactive training that provides an opportunity to enhance and learn foundational Solution Focused skills and techniques. The presentation of foundational principles and values within the evidenced based Solution Focused Brief Therapy model are explored. Assessment techniques and interventions are practiced with skill-based learning.

Video & Microphone are required.

**CEUs:** 6.0 (LMSW/LCSW, LMHC, CASAC)

**Trainers:** Ariel Costanzo, LCSW CASAC

**Cost:** \$100.00

## Team & Morale Building in a Behavioral Health Setting

 6.28.22

 9:00am-12:30pm

This training provides insight into understanding the importance of how team morale and team building effects clinical operations, as well as those being treated. We will explore the implications/effects morale can have on team building and productivity. Participants will be encouraged to utilize the information provided in practice, to help enhance and maintain a positive, traumainformed therapeutic work environment. Video and microphone are required.

**CEUs:** 3.0 (LMSW/LCSW, LMHC, CASAC)

**Trainer:** Sam DiVincenzo, MSW

**Cost:** \$55.00

## Coping with Client Loss

 7.20.22

 9:00am-12:30pm

Grief and loss is a universal experience. Whether we endure it in our personal lives or in the work we do every day as behavioral health professionals, it can be particularly difficult to understand and navigate. Throughout this training, we will consider different perspectives and models of the grief and loss process, particularly in regards to client loss in a behavioral health setting. The effects of client loss will be explored as well as tools and techniques to better cope with loss in the work environment. This is an interactive training that provides an opportunity to explore healthy coping skills surrounding client loss as well as to normalize associated thoughts, feelings, and behaviors. Video and microphone required.

**CEUs:** 3.0 (LMSW/LCSW, LMHC, CASAC)

**Trainer:** Hillary Petko, LCSW

**Cost:** \$55.00

## Foundations of Adolescent Development & Behavioral Health Treatment

 8.3.22

 9:00am-4:30pm

Interested in working with adolescents, but don't know where to start? Adolescence is a stage of life that has many different moving parts, which can make it difficult to navigate. This training will explore this stage of life, these moving parts, and associated developmental factors. Participants will become familiar with common mental health diagnoses that occur within this stage as well as techniques and skills that can be utilized in a therapeutic environment. This is an interactive training that provides an opportunity to understand the adolescent population as well as tools that can be utilized to engage adolescents therapeutically. Video and Microphone are required.

**CEUs:** 6.5 (LMSW/LCSW, LMHC, CASAC)

**Trainer:** Hillary Petko, LCSW

**Cost:** \$110.00

## Essentials for Effective Supervision

 8.8.22 & 8.9.22

 9:00am-12:30pm Both Days

This training will provide updated information about different levels of leadership, various supervision styles, developing team morale, and helpful techniques to address conflict. Geared toward leaders looking to brush up on trauma informed supervisor methods, ways to minimize and resolve conflict and tips to create one's own supervisory style. Video and microphone required.

**CEUs:** 6.0 (LMSW/LCSW, LMHC, CASAC)

**Trainer:** Sam DiVincenzo, MSW

**Cost:** \$100.00

# Dialectical Behavioral Therapy

 8.22.22

 9:00-4:30pm

Need new tangible skills to add to your therapy toolbox? This training aims to provide the foundational knowledge on the evidence-based treatment, Dialectical Behavioral Therapy. The DBT training will cover theory, application, and common techniques using worksheets, group discussion and activities. This is an interactive training that will provide learners with an opportunity to practice DBT skills. Video and Microphone are required.

**CEUs:** 6.5 (LMSW/LCSW, LMHC, CASAC)

**Trainers:** Jaymee Caplan, LMHC & Hillary Petko, LCSW

**Cost:** \$110.00

## Don't need CEU's?

Looking for a private training for your agency or team?

Need individual consultation on specific behavioral health topics?

*Email us for special rates!*

 [shstraining@shswny.org](mailto:shstraining@shswny.org)