

Spring 2023 **Trainings**



How to register for a training:

Step 1:

Go to shswny.org. Click “Training Portal” on the top tool bar in the upper right hand corner.

Step 2:

After scrolling towards the bottom, you will see a section labeled “Training Courses”. Please browse the trainings and click on the training title you would like to register for.

Step 3:

On the training page, you will see the training description outlined. To register, please complete the prompts to enroll and purchase a seat for the training.

Step 4:

Once registration is complete, you will receive an email with your confirmation number. Within 24 hours of the start date, you will receive an email from the facilitator of the training with the training materials and any additional information.

Still experiencing problems?

Please reach out to our training team

 shstraining@shswny.org

Follow us on:  [spectrum_training_institute](https://www.instagram.com/spectrum_training_institute)

 [Spectrum Education and Training Institute](https://www.facebook.com/SpectrumEducationandTrainingInstitute)

Please note: These trainings are being offered for a limited time each year. Sign up before they change next season!

Facilitating Restorative Circles



4.26.23



9:00am-12:00pm

Humans are hardwired for connection. It's a basic need we have, just like food and shelter. Restorative practices are designed to help strengthen and repair connections among individuals, groups, and communities. This training is for participants who want to learn how to facilitate a restorative circle – a setting for a group of people to come together for building a community, repairing after conflict, or deepening their sense of belonging in a mindful, trauma-informed setting.

CEUs: 3.0 (LMSW/LCSW, LMHC, CASAC)

Trainer: Joe Canepa & Jaymee Caplan, LMHC

Location: In-Person

Cost: \$50

Overview of Feeding & Eating Disorders



5.10.23



9:00am-12:30p

Learn to identify key features of unhealthy eating patterns, debunk food rules and review the diagnostic criteria of Eating Disorders in the Overview of Feeding and Eating Disorders training. This informational training will also cover medical necessity, levels of care and making referrals. Microphone and video required.

CEUs: 3.5 (LMSW/LCSW, LMHC, CASAC)

Trainers: Jaymee Caplan, LMHC

Location: Virtual

Cost: \$55

Cognitive Behavioral Therapy



5.22.23



9:00am-4:30pm

Want to learn about one of the most effective, evidence-based treatments? The Cognitive Behavioral Therapy training provides the essential information to practice this popular therapy. Participants will explore theory, application and common techniques while given the opportunity to practice CBT skills. Video and microphone required.

CEUs: 6.5 (LMSW/LCSW, LMHC, CASAC)

Trainer: Jaymee Caplan, LMHC

Location: Virtual

Cost: \$110